

Lubricating Eye Gel

Carbomer 0.2%

What is Ocufresh Lubricating Eye Gel?

Carbomer Gel is a viscous and hypotonic solution of 0.2% carbomer 980. Carbomer Gel has excellent muco-adhesive properties and lubricates the eye by evenly coating the corneal and conjunctival surfaces.

Composition:

Carbomer 980 2.0 mg, Cetrimide 0.1 mg, Sorbitol 40.0 mg, Sodium hydroxide 0.84mg, Water for injection q.s.

What is Ocufresh Lubricating Eye Gel used for?

For use as lubricating eye drops by providing soothing, cooling and moisturising qualities to alleviate the symptoms of dryness, discomfort, grittiness and minor irritation caused by moderate to severe dry eyes. Suitable for use during the day and to provide night-time protection.

Target population group:

The product is targeted for use by individuals of all ages and genders (both male and female), suffering from moderate to severe dry eyes. It may be also used during pregnancy and breastfeeding after consultation with your doctor.

How much to use:

One drop of the product is instilled into the affected eye(s) 3-4 times daily or as required, depending on the discomfort and relief obtained. The treatment duration can be extended beyond 30 days following consultation with a doctor/physician/optician.

How to use:

Before opening a new tube of carbomer eye gel, please check that the safety strip on the cap of the tube is unbroken. Then,

- Wash and dry your hands well before use;
- Tear off the safety strip by lifting the tab and peeling the strip off;
- Remove the outer cap;
- If you are a contact lens wearer, remove your lenses;
- Tilt your head back and look up;
- Gently pull down the lower lid of the eye to form a small pocket between your eyelid and your eye;

- Hold the tube between the thumb and index/middle finger of the other hand, turn the tube upside down near the eye, and try not to touch the eye with the nozzle;
- Apply enough pressure to the tube to release just one drop into the pocket between your eyelid and your eye;
- Blink your eyes a few times;
- If you missed the eye, then repeat the above steps until you have eapplied a drop into your eye;
- Carefully wipe away any excess gel around your eyelid with a tissue;
- Repeat the process for the other eye, if require;
- Replace the outer cap of the tube.

Precautions and warnings:

- For use in your eyes only, do not swallow;
- Keep out of the sight and reach of children;
- Do not use the product if you are allergic to any of the ingredients;
- Do not use if the tube or security seal is damaged;
- Do not use the product after the expiry date or 30 days after first opening;
- Do not use the product with contact lenses. After instillation there should be an interval of at least 30 minutes before reinsertion;
- Do not share this product with others; it should be used only by the concerned user;
- In case of any additional local ocular administration, there should be an application interval of at least 5 minutes between the use of the two products and Carbomer Gel should be the last product instilled;
- Do not touch the eye or any other surface with the tip of the tube in order to avoid scratching the eye or contaminating the product;
- Replace lid (cap) gently after using the tube; do not overtighten the cap;

- If the problem does not improve within 2 days or worsens at any time, consult your doctor/physician/optician;
- If the problem persists for more than 30 days, consult your doctor/physician/optician.

How to store Ocufresh Lubricating Eye Gel?

- Store below 30° C;
- Keep the tube in the outer carton to protect from light and moisture;
- Dispose of your empty or unused tube according to the local waste management regulations.

Possible side effects:

This product may cause:

- Mild transient burning sensation in the eye;
- Sticky eyelid(s);
- Temporary blurring of vision. Do not drive or operate machinery until normal vision is restored;
- Allergic reactions, rarely.

Symbol	Explanation
	Manufacturer
	Distributor
	Medical Device
	CE mark
	Sterilized using aseptic processing techniques
	Do not use if the outer packaging is damaged
	Lot number
	Expiry date [YYYY-MM]
	Read instructions for use
	Do not store above 30°
	Shelf life after opening
	Caution

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